

Ideas to Help Unleash Your Creativity

1. Doodle on scratch paper
2. Rearrange the items on your desk
3. Paint a room in your house
4. Swing at a playground
5. Change the background image on your computer
6. Build a birdhouse
7. Write song or poem
8. Paint a small canvas
9. Create a flipbook
10. Hum a new melody
11. Take fun photographs of things around the house
12. Think of a new superhero, what would they look like and what would their powers be
13. Sketch an idea for a screen-printed shirt
14. Look at paint samples and find your favorite color
15. Change your hairstyle (or for the gentlemen, your facial hair)
16. Get the cookbook out and try a new recipe
17. Have friends over for a dinner party or cookout
18. Find different ways to tie a scarf
19. Make invitations for an upcoming event
20. Learn where the major constellations are in the night sky
21. Get a plant or better yet grow one from a seed
22. Start a blog of your own
23. Read a children's book
24. Learn more about a subject that interests you; you can simply research on the internet, watch a few documentaries on TV, or hit the stacks
25. Sketch your ideal outfit
26. Rearrange your furniture
27. Change out the pictures in your frames
28. Play with clay or dough
29. Sew a new cover for a throw pillow
30. Think up new plays in sports
31. Make a calendar
32. Go to the library and check out a book from a section you generally never visit
33. Set personal ringtones for your favorite contacts in your phone
34. Clean up your computer desktop and get all of the files saved properly and organized in folders
35. Find a local range and try your hand at archery
36. Read through the manual for your car, look under the hood, and make sure you can at least check the oil
37. Decorate a cake

38. Try drawing with your non-dominant hand
39. Build a fort out of pillows and blankets
40. Study a globe or map
41. Start a new exercise program
42. Practice shuffling a deck of cards
43. Draw with crayons
44. Spruce up the outside of your house with new numbers or a repainted mail box
45. Organize your closet
46. Play an instrument
47. Print off some favorite pictures in black and white
48. Cut snowflakes out of paper or coffee filters
49. Learn a magic trick
50. Paint or refinish a piece of furniture
51. Create an avatar on your gaming system or change up the one you already have
52. Listen to a different genre of music
53. Decorate your space for the next holiday
54. Learn how to properly sharpen your knives
55. Bake cookies
56. Write and mail a letter to a family member
57. Send a slinky down the stairs
58. Sing out loud
59. Search where your dream vacation would be
60. Look into your family's genealogy
61. Collect flowers, leaves, or rocks while out walking
62. Watch the sunset
63. Paint your nails
64. Try a new knot for your necktie
65. Sort through storage and donate any unwanted items
66. Research art history and find your favorite artist
67. Build a tower with blocks or whatever you have laying around
68. Make a collage from photographs or clippings from magazines
69. Style your makeup differently
70. Sew a quilt block
71. Learn your state bird, flower, tree, motto, song, and visit the capital if possible
72. Make an origami animal or flower
73. Mow the lawn in a different pattern
74. Learn how to say, "I love you," in a different language to impress your partner
75. Make a card for a friend or family member's birthday